



Salad selection --Individual salad boxes (8oz)

Poached salmon caper mayo cherry tomatoes egg, snow peas & salad
Small bowl\$7.50

Moroccan spiced cous- cous, w orange, sun dried capsicums, chick peas and olives & yoghurt
Small bowl\$6.50

Broccoli roast pumpkin, fetta cheese, beetroot & parsley mint & salad
Small bowl\$6.50

Prawns penne pasta avocado red beans lemon thyme dressing & salad
Small bowl\$7.50

Smoked chicken, roast cocktail potatoes bacon & honey mustard dressing on salad
Small bowl \$7.50

Thin egg noodles, chilli basil chicken, broccoli, green beans bamboo shoots fried shallots
Small bowl\$6.50

Caesar salad with homemade dressing shaved parmesan croutons & pancetta
& chicken slices
Small bowl p/p\$6.50

Thai spiced beef w mint chilli, coriander vegetables & vermicelli noodles
Small bowl \$6.50

Asian beef salad with mango, cherry tomatoes & lime dressing & rice noodles
Small bowl\$6.50

Marinated lamb, Smokey babaganoush, rocket, chickpea, olives fetta & salad
Small bowl\$7.50

Filled Noodle boxes (16oz)

- Cold
- Poached salmon caper mayo cherry tomatoes egg, snow peas & salad
\$14.50
- Moroccan spiced cous- cous, w orange, sun dried capsicums, chick peas and olives & yoghurt
\$11.50
- Broccoli roast pumpkin, fetta cheese, beetroot & parsley mint & salad
\$11.50
- Prawns penne pasta avocado red beans lemon thyme dressing & salad
\$14.50
- Smoked chicken, roast cocktail potatoes bacon & honey mustard dressing on salad
\$14.50
- Thin egg noodles, chilli basil chicken, broccoli, green beans bamboo shoots fried shallots
\$12.50
- Caesar salad with homemade dressing shaved parmesan croutons & pancetta
& chicken slices
\$12.50
- Thai spiced beef w mint chilli, coriander vegetables & vermicelli noodle
\$14.50

Marinated lamb, Smokey babaganoush, rocket, chickpea, olives fetta & salad
\$14.50

Warm

Thai green chicken curry with steamed rice & fried crunchy shallots
\$15.50

Lamb & lentil curry made w tomatoes & Indian spices served on basmati rice
\$15.50

Duck, lychee, & pineapple red curry with steamed rice
\$15.50

Chilli con carne, sour cream corn chips guacamole & tomato salsa
14.50

Massaman beef & potato curry & rice
15.50

Hungarian goulash With buttered pasta
\$14.50